

In order to keep the classes running in line with government guidance we ask that everyone adheres to the following rules:

- Wash your hands before class
- Do **not** congregate in groups before and after class
- Sign up for each class in advance using the sign-up form
- Sign-in and pay before the class (providing your name and number)
- Sanitise your hands before using the instruments
- Do not come to class if you have any of the symptoms of COVID-19 including:
 - A new continuous cough
 - A temperature
 - A loss or change in your sense of taste or smell

- If you have any medical conditions that place you in a higher risk category you may wish to take further precautions.
- In line with current restrictions we advise wearing masks when you are within 2m of each other, eg, when training in pairs.

Each class will have a separate sign up form and you will be required to fill one out for every class you attend. We have a limit of 30 people in a class and the form is used to reserve your place, after 30 people have submitted the form the form will close. Unfortunately if you have not signed-up and your name is not on the list you will not be able to train. If you are having difficulties accessing the form and signing -up for a class, please let us know.

You can pay by cash, bank transfer or use MGB. If you are paying cash, please bring the exact change (£5) as we want to minimise the handling of cash as much as possible. If you would prefer to pay by bank transfer, please bring a screenshot of the transfer so we can verify this. MoveGB will operate as normal.